

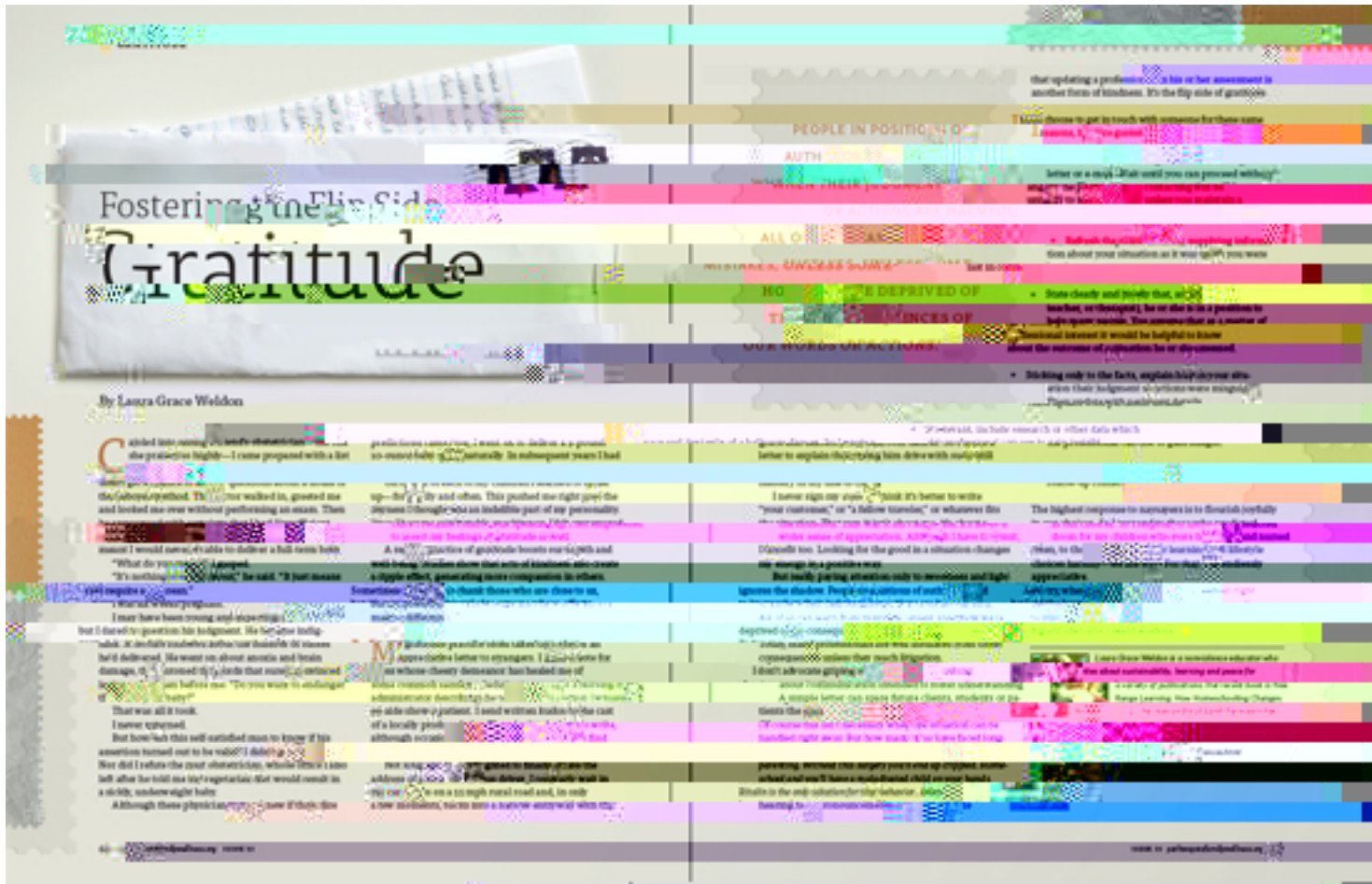
Fostering the Flip Side of Gratitude

Written by Laura Grace Weldon

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- PEOPLE IN POSITIVE AUTHORITY
- ALL OF US
- DEPRIVED OF THE EXPERIENCES OF
- that updating a professional's his or her assessment is another form of kindness. It's the flip side of gratitude.
- I choose to get in touch with someone for these same reasons.
- letter or a note. What would you say yourself without saying "I'm grateful for you?"
- Refresh yourself by supplying information about your situation as it may affect you now.
- State clearly and briefly that, while thankful, or disappointed, for what it is a problem to begin your session. The comment as a matter of personal interest it would be helpful to know about the nature of your problem for or discussed.
- Sticking only to the facts, explain briefly your situation their judgment or opinion were sought. [Page 2 of 2](#)
- of what, to be sure, even if it is not data which... letter to explain (highlighting how data with multiple...)
- I never sign my name "just it's better to write 'your customer,' or 'a fellow traveler,' or whatever the situation. They can't help themselves. It's about... write notes of appreciation. Although I have to admit, I struggle too. Looking for the good in a situation changes the energy in a positive way. But truly, giving attention only to positives and light ignores the shadow. People are a mixture of both.
- All of us have been through... I don't advocate giving a... your professional while looking to meet someone's... A simple letter can open doors, create... finds the light. It's never that bad... hundred right ways that have made it... working, because this design... school and won't have a... Thanks to...