

Antibiotics and the Aware Parent

Written by Claudia Anrig, D.C.

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Prevention is the Key

New guidelines set forth by the American Academy of Pediatrics and the American Academy of Family Physicians recommend that the clinician take an active role in preventing Acute Otitis Media. A few suggestions included:

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Altering child care center attendance

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Breastfeeding for the first 6 months

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Avoid supine bottle-feeding (2004 8 pedi)hs

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