

## Shapeshifting: The Evolution of a Post-Modern Integral Medicine

Written by Elliott S. Dacher, M.D.

Friday, 01 March 2013 00:00 - Last Updated Tuesday, 30 July 2013 15:00

---

Our unceasing and innate longing for health, happiness and wholeness is embodied in our continuing efforts to better our lives. Blessed with the therapies and remedies of modern science, informed by cross-cultural approaches to healing, and endowed with a unique and expansive human consciousness, we stand on the threshold of a new medicine, one that transcends our previous preoccupation with survival and longevity and beckons us to live our greatest potential. This is a noble challenge, one that we have been well prepared for. In Western culture the rituals of healing are learned early in life.

Our parents carry us to our first visit with the doctor. From then on, we progressively incorporate the values, practices, and customs of Western healing into day-to-day life. If we seek a broader view of health, we may choose to move beyond a symptom-oriented biological approach. We may explore health promotion strategies, develop new psychological understandingte

## Shapeshifting: The Evolution of a Post-Modern Integral Medicine

Written by Elliott S. Dacher, M.D.

Friday, 01 March 2013 00:00 - Last Updated Tuesday, 30 July 2013 15:00

---

Through the continued development of consciousness, we have progressively grown in capacity from the primitive mind's rudimentary efforts at survival to the magical, mythical, philosophical, theological and, finally, scientific approaches to healing. With each advancement in consciousness there has been a corresponding expansion of our healing capacities, freeing us







## Shapeshifting: The Evolution of a Post-Modern Integral Medicine

Written by Elliott S. Dacher, M.D.

Friday, 01 March 2013 00:00 - Last Updated Tuesday, 30 July 2013 15:00

---

It can be said that the perspectives of Smuts and Engel were reduced and materialized understandings of the larger vision of holism held in the East. Nevertheless, these were broad and expansive perspectives of the human condition.

When taken over by the medical and corporate community, holism, as a philosophy, was



# Shapeshifting: The Evolution of a Post-Modern Integral Medicine



