

The Vital First Adjustment

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Written by Madison Grzeszkowiak, D.C.

Sunday, 01 December 2019 00:00 - Last Updated Tuesday, 30 June 2020 08:00

The medical center was a two-minute drive away. The phone call was quick and to the point, and as I hung up the phone and returned to the birth room I heard the most magical sound: The baby gave a feeble cry. Monica picked up the little baby boy and placed him skin to skin on his mother's breast. Yet the room was still filled with tension. Was the baby completely OK?

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story. You will always hold a special place in my heart



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