

# The Growing Role of Chiropractic in Childbirth Education

Written by Sarah Clark

Sunday, 01 December 2019 00:00 - Last Updated Tuesday, 30 June 2020 07:40

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women with varied stories. Listen to what they have to say about the benefits of chiropractic care in pregnancy, labor and birth.

### **The Chiropractor s Role**

Often the realization of the importance of chiropractic comes when we see the difference it







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they are well-armed for any birth that comes their way.

## Chiropractic and Childbirth Education

It seems obvious that a skilled chiropractor can have a phenomenal impact on pregnancy, labor and birth. Despite this fact, few childbirth educators are talking about chiropractic as a way to ensure a better birth. This, however, is starting to change. I asked Donna Ryan, founder and president of Birth Boot Camp, why she included chiropractic in every 10-week series she and her instructors teach. Her answer is powerful.

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I have seen, literally, dozens of women helped by Webster-certified chiropractors during their pregnancies and labors, says Ryan. I have worked as a childbirth educator since 2002 and





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