

Chiropractic for Mom and Baby

Written by Ian Shtulman, D.C.

Friday, 01 March 2019 00:00 - Last Updated Sunday, 21 July 2019 12:19

Jackie really wanted her pregnancy to go smoothly and comfortably. Her first pregnancy, five years before, was challenged with horrible sciatica, along with anxiety and high blood pressure. That last condition led to an unwanted induction after her estimated due date came and went. I could not find a way to settle my mind and body, she told me.



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This article appeared in [*Pathways to Family Wellness*](#)