Albert Einstein said, “No problem can be solved from the same consciousness that created it. We must learn to see the world anew.” A Nobel Prize winner, Albert Einstein transformed the world’s understanding of the universe and its workings with his scientific theories. So we can believe that these words come from his personal experience and helped him to explore both science and life itself. He offered us an example of what can be learned by looking deeply into nature to reach a deeper understanding of all life and following our ideas to their logical conclusions in our minds before acting upon them in the world.

When we apply this quote to our lives, we can see that we cannot create abundance by staying in a consciousness of poverty, nor can we gain a sense of power in our lives while identifying ourselves as victims. Situations begun from anger or fear can have little chance of reaching a state of peace and trust unless someone involved can conceive of that possibility and act upon it. We need to find ways to step outside our limited understanding in order to seek a bigger picture. One way to do this is to shift our perspective to see the situation from another’s point of view and, ideally, the perspective of all others involved. Even if we can’t truly know another’s motivations, by imagining what they might be, we open ourselves up to numerous possibilities and an expanded vision. This alone can shift our feelings of anger to compassion and the desire for a positive resolution for all involved.

Once we have opened our mind to greater possibilities, we can connect to our higher self for inspired solutions. From the peace at our center, we gain distance from our emotions which we can use to connect to intuitive wisdom. This wisdom allows us to understand the underlying causes and the inspiration needed to guide our steps in a new direction. Albert Einstein showed us the impact we can make when we raise our consciousness and allow ourselves to imagine the possibilities.
Raising Our Consciousness: Stepping Out from Where We Were

Written by Administrator
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