

Why is Your Kid Purple?

Written by Jack Newman, MD, FRCPC

Why is Your Kid Purple?

Written by Jack Newman, MD, FRCPC

Friday, 01 June 2007 00:00 - Last Updated Monday, 10 March 2014 08:23

We believe that gentian violet is the best treatment of nipple soreness due to *Candida albicans* for the breastfeeding mother. This is because it almost always works and relief is rapid. It is messy and will stain clothing, but not skin. The baby's lips will turn purple, but the purple will disappear after a few days. Gentian violet is available without prescription but is not available at all pharmacies. Call before going out to get it. Use the following steps to aid in treating a yeast infection with Gentian violet:

About 10 ml (two teaspoons) of gentian violet is more than enough for an entire treatment.

Many mothers prefer doing the treatment just before bed so that they can keep their nipples exposed and not worry about staining their clothing. The baby should be undressed to his diaper, and the mother should be uncovered from the waist up. Gentian violet is messy.

Dip an ear swab (Q-tip) into the gentian violet.

Put the purple end of the ear swab into the baby's mouth and let him suck on the swab for a few seconds. The gentian violet usually spreads around the mouth quickly. If it does not, paint the inside of the mouth to cover as much of the inside of the cheeks and tongue as possible.

Put the baby to the breast. In this way, both the baby's mouth and your nipple are treated.

If, at the end of the feeding, you have a baby with a purple mouth, and t

e be

Why is Your Kid Purple?

Written by Jack Newman, MD, FRCPC

Friday, 01 June 2007 00:00 - Last Updated Monday, 10 March 2014 08:23

antifungal agents. Of course there may be more than one cause of nipple pain, but after three days the contribution to your pain caused by *Candida albicans* should be gone. Do not continue the gentian violet if no relief occurs after 3-4 days of treatment. Instead, get more information.

There is no need to treat just because the baby has thrush in his mouth. The reason to treat is

