

Spiritual Ecology: The Birth of a New Generation

Written by Nadine Brasunas

Saturday, 01 June 2019 00:00 - Last Updated Wednesday, 13 November 2019 14:42

Our world has become overly complex, complicated, analyzed, and debated about. Pregnancy, childbirth, and child rearing has become a platform for a battle in society over values and philosophies in which parents and children get bombarded with overwhelming amounts of information about what and how to become. There is a sensory overload, an ongoing stimulation through the media channels to keep humans occupied, a bombardment of information, and a constant pressure to perform and succeed. This is the reality of the modern world, where the boundaries between the physical and the spiritual are becoming increasingly blurred. The spiritual is being sought in the material, and the material is being used to define the spiritual. This is the birth of a new generation, one that is being shaped by the forces of the modern world, and one that is being called to a life of spiritual ecology.

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them share the understanding that the intimate experience of simply being may be the real contact with the living quintessence of all life, the consciousness that envelopes and permeates everything. Some call God the Divine Mother, a common expression in indigenous cultures that sets the tone for a close acquaintance in and from the heart. In the universe nothing would exist, from the small to the mighty, without the loving hand of the Divine Mother. Every atom, every tiny grain is nurtured, fortified, and replenished by this power of sustenance and almighty sovereignty.

Consequently, the source of every human life is this Greater Power, who gave birth to every creature. Physically, pregnancy and birth illustrate and replicate this process. A mother that is giving birth to a child creates from within her flesh a new being, infused with the intent to bring forth more life. Mothers bear life, and therefore co-create with the source of existence.

Spiritual Ecology in Daily Life

Spiritual ecology implies that Man, the living being, engages the fundamental principle of reciprocal maintenance with the source of life to sustain the integrity of the entire creation of which each creature is an integral part. Reciprocity is the participation in giving back to the creative intelligent force. It is an act of loving recognition, gratitude, and responsibility for what has been received. Simply speaking, giving and receiving are inseparable, and create a loving relationship with all living things.

Therefore, a child who learns early on to care for the earth with love, and truly understands their inherent vital role as a custodian of this earth by offering gratitude, will naturally develop a relationship to the earth. A child who perceives that his or her heart is so precious to the vital

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humanity and the next generations and provide solutions or cures to the very problems that have arisen due to the weakened standing of Man as a living being.

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gratitude. Make offerings at a tree, to a body of water by infusing a sacred crystal, a piece of