

My Birth Story: How Baby No. 3 Was Different

Written by Alisha Walker

Tuesday, 01 December 2015 00:00 - Last Updated Friday, 12 April 2019 13:39

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Our second baby was also induced, because she was 10 days late, also in a hospital. I had an epidural and many complications from it, including breathing problems and nausea. I was very sick for many weeks. I felt like I almost died; I would stop breathing in my sleep and my body would jolt me awake. On top of that, someone was entering my hospital room every single hour.

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me. The crime was having a baby and the punishment was having no say in my own care. It

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I learned so much about my body, nature and women during this experience. I learned that women should be better informed about their options during labor and delivery. I feel homebirth should be made more available to all women rather than being viewed as some back-alley, illegal act. Childbirth is a natural event-omt is not some physical ailment that needs to be controlled and monitored every second. A woman should be fini a eve a natur irfmel nbe

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