

Written by Jeanne Ohm, DC

Wednesday, 01 December 2010 00:00 - Last Updated Thursday, 14 September 2017 09:39

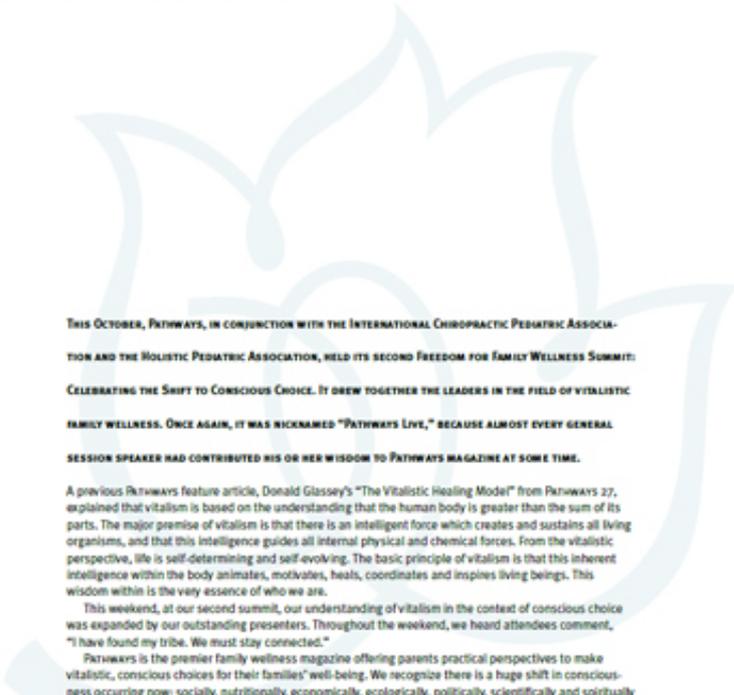
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### Celebrating the Shift to Conscious Choice

This October, Pathways, in conjunction with the International Chiropractic Pediatric Association and the Holistic Pediatric Association, held its second Freedom for Family Wellness Summit: Celebrating the Shift to Conscious Choice. It drew together the leaders in the field of vitalistic family wellness. Once again, it was nicknamed "Pathways Live," because almost every general session speaker had contributed his or her wisdom to Pathways magazine at some time.



● ● ● LETTER FROM THE EDITOR, JEANNE OHM, D.C.



THIS OCTOBER, PATHWAYS, IN CONJUNCTION WITH THE INTERNATIONAL CHIROPRACTIC PEDIATRIC ASSOCIATION AND THE HOLISTIC PEDIATRIC ASSOCIATION, HELD ITS SECOND FREEDOM FOR FAMILY WELLNESS SUMMIT: CELEBRATING THE SHIFT TO CONSCIOUS CHOICE. IT DREW TOGETHER THE LEADERS IN THE FIELD OF VITALISTIC FAMILY WELLNESS. ONCE AGAIN, IT WAS NICKNAMED "PATHWAYS LIVE," BECAUSE ALMOST EVERY GENERAL SESSION SPEAKER HAD CONTRIBUTED HIS OR HER WISDOM TO PATHWAYS MAGAZINE AT SOME TIME.

A previous Pathways feature article, Donald Glassey's "The Vitalistic Healing Model" from Pathways 27, explained that vitalism is based on the understanding that the human body is greater than the sum of its parts. The major premise of vitalism is that there is an intelligent force which creates and sustains all living organisms, and that this intelligence guides all internal physical and chemical forces. From the vitalistic perspective, life is self-determining and self-evolving. The basic principle of vitalism is that this inherent intelligence within the body animates, motivates, heals, coordinates and inspires living beings. This wisdom within is the very essence of who we are.

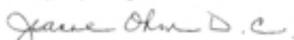
This weekend, at our second summit, our understanding of vitalism in the context of conscious choice was expanded by our outstanding presenters. Throughout the weekend, we heard attendees comment, "I have found my tribe. We must stay connected."

Pathways is the premier family wellness magazine offering parents practical perspectives to make vitalistic, conscious choices for their families' well-being. We recognize there is a huge shift in consciousness occurring now: socially, nutritionally, economically, ecologically, politically, scientifically and spiritually in parenting, education and healthcare. Pathways is committed to uniting and nurturing our "tribe" during this incredible shift.

We are so grateful for your continued support and your enthusiasm to enlighten others by sharing Pathways. Practitioners, we have set up a community grassroots network called Pathways Connect, where parents can join together in Gathering Groups to explore and expand their vitalistic core values. Parents, these Gathering Groups will strengthen the momentum of the shift, as more and more people understand and practice the principles that unite us. The Pathways website will offer the locations of these groups to allow interested families to experience the dynamics of conscious choice.

2011 will be a year of tremendous growth and synchronicity for all of us as we continue to live by the theme of our summit: "Celebrating the Shift to Conscious Choice."

Many, many blessings,



Jeanne Ohm, D.C.

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