

Modern Myths about Tongue-tie

Written by Alison Hazelbaker, Ph.D.

Tuesday, 01 December 2015 09:28 - Last Updated Friday, 15 September 2017 07:53

The Unnecessary Controversy Continues

Twenty-three years ago, when I was doing my research on tongue-tie's impact on breastfeeding and developing the Assessment Tool for Lingual Frenulum Function, the most problematic attitude I ever encountered was resistance to the idea that tongue-tie could create a breastfeeding problem. This resistance was purely due to lack of knowledge about the

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formation). Gentle is better, both physiologically and psychologically. It is a shame when we cause a baby trauma from too aggressive post-surgical management. Come to think of it, there is no solid evidence that post-surgical aftercare prevents reattachment. Two studies have been performed; one was extremely flawed.

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Our egos must learn to stand the strain of not knowing.



This article appeared in [Pathways to Family Wellness](#) magazine, Issue #48.

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