

## Shifting the Paradigm: Insight into the Germ Theory

Written by Jeanne Ohm, DC

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Since the founding of the germ theory of disease, scientists have offered a holistic perspective. At long last, their efforts are taking hold.

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compared to those who were not sick. He then made the assumption that germs infect our body and cause sickness and disease. Pasteur, along with German physician Robert Koch, is

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## Two Theories of Disease

Germ Theory	Cellular Theory
1. Disease arises from microorganisms	1. Disease arises from mechanisms within the cells of the body.
2. Microorganisms are generally to be culled against	2. Cells to be cultured against organisms normally function to build and assist in the
3. The function of microorganisms	3. The function of these organisms changes to assist in the catabolic (disintegration)
4. The shapes and colors of microorganisms	4. Microorganisms change their shapes and colors to reflect the medium upon which
5. Every disease is associated with a particular condition.	5. Every disease is associated with a particular condition.
6. Microorganisms are primary causes	6. Microorganisms become pathogenic as the health of the host organism deteriorates
7. Disease can strike anywhere	7. Disease is built by unhealthy conditions.
8. To prevent disease we have to build defenses	8. We have to build defenses. We have to create health.

## Antiantibiotic

In The Green Book, published in 1951, B.J. Palmer cautioned against using antibiotics

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