

Salutogenesis: The Authentic Wellness Model for Health

Written by Eric L. Zielinski, D.C.

Monday, 01 June 2015 00:00 - Last Updated Friday, 15 September 2017 08:18

A century ago, infectious diseases were the health crises of the day. Researchers broke ground with treatments and cures. Populations underwent radical improvements in lifestyle, such as sanitation, clean water and improved nutrition. Today, however, no longer feared diseases of previous generations did, yet we do not consider our era to be one of health. In the era of infectious

diseases, chronic respiratory illness and cancers.

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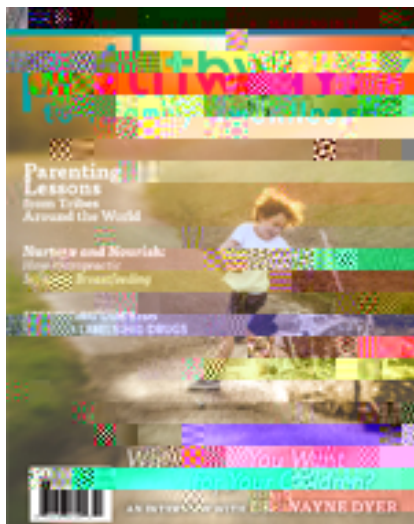
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